



## Unhealthy Tasting Healthy Chili

Difficulty level: Easy      Preparation time: 30 minutes

### **Chili Ingredients:**

One 16-20 oz. package lean ground turkey (browned)

One package of Taco seasoning (1.25 ounce)

One 15 oz. can of corn

One 15 oz. can of kidney beans

One 15 oz. can of pinto beans

One 15 oz. can of black beans

One 7 oz. can of diced green chili peppers

### **Chili Directions:**

Brown the ground turkey in a large stock pot or Dutch oven. While the turkey is browning drain the kidney beans, pinto beans, and black beans together in a colander. Rinse the beans, and after the turkey is browned, add the rinsed beans to the pot. Add the package of taco seasoning, the entire can of petite diced tomatoes (including water), the entire can of corn (including water), and entire can of diced green chili peppers. Cook on medium high for 10-15 minutes, or until beans are soft.